

## FOR DATES OF INJURY ON AND AFTER JANUARY 1, 2020

### WORKERS' COMPENSATION

#### WORKERS' COMPENSATION BOARD REGIONAL OFFICES

REGION	ADDRESS	PHONE	FAX
ANDROSCOGUES	1000 North Street, Suite 202 Bangor, ME 04910	207-687-1111	207-687-1111
FRANKLIN	1000 North Street, Suite 202 Bangor, ME 04910	207-687-1111	207-687-1111
MAINE	1000 North Street, Suite 202 Bangor, ME 04910	207-687-1111	207-687-1111
NOVASCOTIA	1000 North Street, Suite 202 Bangor, ME 04910	207-687-1111	207-687-1111
OXFORD	1000 North Street, Suite 202 Bangor, ME 04910	207-687-1111	207-687-1111
WASHINGTON	1000 North Street, Suite 202 Bangor, ME 04910	207-687-1111	207-687-1111

#### Notice to Employees

State law requires you to be notified of your rights to workers' compensation benefits. This notice is provided to you by your employer. It is your responsibility to read this notice carefully and to understand your rights and options. If you have any questions, you should contact your employer or the Maine Department of Labor.

#### Notice to Employers

Employers are required to provide workers' compensation benefits to their employees. This notice is provided to you by your employer. It is your responsibility to read this notice carefully and to understand your rights and options. If you have any questions, you should contact your employer or the Maine Department of Labor.

## Maine Workplaces Support Nursing Employees

An employer who is found to have violated this law through a hearing process may be civilly penalized \$100-\$500 for every violation.

This document is a collaborative effort of the Maine WIC Nutrition Program and the Maine Department of Labor.

<https://www.maine.gov/wic/posters/>

## Minimum Wage

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## Minimum Wage is \$14.15 per hour effective January 1, 2024

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## Regulation of Employment

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## Maine Employment Security Law

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## Full- and Part-Time Workers

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## At-Will Employment - Under Maine law, an at-will employee may be terminated for any reason not specifically prohibited by law.

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## Child Labor Laws

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## Veterans' Benefits & Services

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## Sexual Harassment on the Job is Illegal

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## Education, Workforce & Training Resources

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## The Maine Human Rights Act Prohibits Sex Discrimination

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## Notice to Employers / Employees

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## Whistleblower's Protection Act

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## Protection of Employees Who Report or Refuse to Commit Illegal Acts

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## Video Display Terminals

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